

Future Outings:

27th September:

Gourmet
Betty's Bay

25th October:

We head for
Stellenbosch

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in October 3



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SEPTEMBER 2012

NEWSLETTER

REPORT ON PATERNOSTER TRIP

SPRING has sprung—well this was evident with the lovely show of Spring Flowers that bloomed along the R27 on our way up the West Coast. Paternoster is always a favorite place to visit and this was the purpose of our trip - the flowers were an added bonus!

We stopped the coach along the highway for a photo opportunity, hopefully they did not disappoint. On arrival in Paternoster some ladies visited **Di Heesom-Green** in her studio to view her beautiful work. This might lead to a pottery workshop in 2013 and a stay-over in Paternoster for a night! **The Voorstrandt Restaurant** and it's lovely atmosphere right on the beach was well suited for our lunch today, and after a short stroll on the beach we all felt great after a day out!



Two Anns', Hilda and Desiree thought that by getting into an old rowing boat they might just be able to 'sail away'!!

Below "Is this how I must pull my mouth when I say CHEESE"



THURSDAY
27TH
SEPTEMBER

COACH
LEAVES
TABLEVIEW
AT 08H45 &
CONSTANTIA
AT 09H30

PLEASE
NOTE
CHANGE
OF TIMES



GOURMET BETTY'S BAY



I read of **Gaspard Bossut** who makes chocolates at his home in Betty's Bay and asked him if Time Out could pay him a visit!

He willingly agreed, although we cannot all go at once. I will have to split the group into 2;

half the group will go to the **Tickle Mouse shop** in Pringle Bay and then the group will swop around before lunch which will be at **The Tides Restaurant in Betty's Bay**. Gaspard arranged with Johan of The Tides Restaurant that he would specially open for our group at lunchtime on this day. Normally The Tides is an evening only venue!

I always keep an eye on TRIP ADVISOR—a website which publishes reports on restaurants / accommodation etc. **"Great service, great cuisine and always the same sparkling welcome! Excellent value considering the large portions! We haven't had this caliber of restaurant in this area - I could eat here every day"** - a guest house owner in Betty's Bay wrote this review to Trip Advisor.

COST OF THE DAY TO BETTY'S BAY

The cost of your transport and two course lunch is
R340 per person.

Kindly book by Friday 14th September
and pay by Friday 21st September.



It's not always easy to gain access to certain food factories and Tickle Mouse was one where I did try to arrange a visit but due to health constraints they couldn't accommodate us.

THURSDAY
25TH
OCTOBER

‘IT’S STELLENBOSCH’ FOR TODAY

I have always wanted to go to [KNORHOEK ESTATE](#) which is situated just outside Stellenbosch, and visit their restaurant [TOWERBOSCH EARTH KITCHEN](#).

Another Website I regularly watch is the [Whale Cottage Portfolio Blog](#) and recently they reviewed this restaurant. I believe their light fitting in the centre of the restaurant is a collection of family trinkets, cups / saucers—a modern take on Pierneef a La Motte.

The restaurant focuses on Slow cooked and simple traditional family meals with heritage fare served on big platters.

I am still doing research as to what else we can do in the area—so watch this space!

The Towerbosch Earth Kitchen on the Knorhoek Estate.



THURSDAY
29TH
NOVEMBER

Where to in November?

Can you believe that this is our last **TIME OUT** trip for 2012??

When I started this newsletter the realization that we only have THREE trips until the end of 2012 made me feel a bit giddy!

[The November outing is still in the planning stages; Full details to follow.](#)

As you know I never do a Time Out December outing, however you can come along on the TRAVELTIME tour on Sunday 9th December if you feel the need to get-out-and-about in December.

Last year we had a great Farm lunch (Mystery destination).

VERSE FROM THE PAST

It is always interesting for me to hear what you feel about the tours.....

Thanks to Hilda for this comment after the FRESH tour in January 2012.

Time Out coach tours prove REFRESHING. We were served FRESH veggies from the Paul Cluver garden; the restaurant and toilet had FRESH flowers; passenger Frank was FRESH off the QE2 and thought he'd lost his wallet, but later found one of his table companions (quite innocently) sitting on it!; Two coaches later we arrived home to a FRESH gale. Loved every minute of my day!



Ingrid, our birthday girl on the day out to Paternoster with Theresa on the beach!



Spring flowers en route to Paternoster

I WOULD WELCOME SUGGESTIONS FOR 2013

Do you have a favourite place that Time Out has not yet visited? I would welcome your suggestions. I know for sure I do have plenty of options in my data-base, but YOU might also have some in your mind!

[Also please encourage ladies \(and men if you know of any\) to join us on our monthly outings and extended tours \(Traveltime\).](#)

The Western Cape is a very exciting place to live in, and I feel sure that there are many unexplored areas just begging for us to visit.